Spiritual Wisdom from the Altai Mountains by indigenous elder N.Shodoev employs a linguistic approach to describing bilik, the Altai wholistic world view. Shodoev touches on the religions of the Altai’s history including tengrism, shamanism and the twentieth century development from shamanism to White Faith.

This book by an Altai scholar close to historical memory and source materials, is a valuable addition to our knowledge of Siberian culture and belief systems, illuminating the relatively unknown Altai White Faith – its concepts and specific language – in its relationship to nature, cosmic forces and the natural history of the human soul.

Eva Jane Neumann Fridman, Ph.D., Author of Sacred Geography; co-editor: Shamanism: an Encyclopedia of World Beliefs, Practices, and Culture.

Of all of my travels on this planet I do not think any have moved me so deeply as my journey through Altai. I could not recommend this book highly enough.

Jose Arguelles, Ph.D., Author of The Mayan Factor and Manifesto for the Noosphere.

A rare and lucid glimpse into an ancient cosmovision that may otherwise be forgotten. Spiritual Wisdom of the Altai Mountains presents meticulously translated spiritual principles, derived through academic as well as mystical means. It is a guide to enlightened society and prophesies a transition into an era of harmony foretold by diverse original cultures. A precious and dedicated piece of work that transcends time and culture.

Llyn Roberts, M.A., Director of Dream Change and author of Shapeshifting into Higher Consciousness.